

VITA

Theodore W. Lane, Ph.D.

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Education:

Ph.D., 1983 University of Vermont, Clinical Psychology

A.M., 1977 University of Chicago, School of Social Service Administration

B.A., 1975 Wheaton College, Psychology

Licensure:

Health Services Provider Licensed Psychologist (HSP-P) - North Carolina License #1264

Professional Employment:

2002 – Present Director, Cardinal Therapeutic Home Services, Inc.
Fayetteville and Southern Pines, North Carolina

Cardinal Therapeutic Home Services, Inc. provides treatment foster care services to children and adolescents needing treatment and supervision within a 24-hour service setting. The primary function of Cardinal Therapeutic Home Services, Inc. is to recruit, train, and provide ongoing supervision to therapeutic parents who provide treatment foster care services in their home. Cardinal Therapeutic Home Services, Inc. provides 24-hour, 7-days per week on-call services for the therapeutic parents, in addition to other social service supports. Responsibilities: program planning, development, implementation, and evaluation; fiscal planning and management; inter-agency coordination and planning; staff training.

1994 - Present Co-Director and Managing Member, Director of Community-Based Services
Cardinal Clinic, LLC, Fayetteville and Southern Pines, North Carolina

Cardinal Clinic provides professional mental health and substance abuse services to children, adolescents, adults, and families. Services are provided by a multidisciplinary team of professional psychologists, psychiatrists, clinical social workers, family therapists, professional counselors, and paraprofessional mental health technicians. Outpatient services include individual therapy, group therapy, family therapy, marital therapy, parent training, substance abuse treatment, psychological testing, psychiatric evaluations, and medication management. Cardinal Clinic also provides Client Behavior Intervention (CBI) and High Risk Intervention (HRI) services for Medicaid eligible clients, and provides a continuum of 24-hour residential services for children and adolescents. Responsibilities: program planning, development, implementation, and evaluation; fiscal planning and management; clinical and administrative supervision of child and adolescent programs/personnel; inter-agency coordination and planning; staff training.

1989 - 1995 Program Director, Fort Bragg Demonstration Project
 Cardinal Mental Health Group, Inc., Fayetteville, North Carolina

Administration and oversight of all clinical programs of the Fort Bragg Demonstration Project. This project provided a full continuum of mental health and substance abuse services for the 48,000 CHAMPUS eligible children, adolescents, and their families who resided within forty miles of Fort Bragg, North Carolina. The project provided services to over 3,000 clients a year. Responsibilities: program planning, development, implementation, and evaluation; clinical and administrative supervision of the associate program director, assistant program director, training coordinator, and treatment team leaders; oversight of the hiring and supervision of approximately 160 clinical and associate staff; fiscal responsibility for budget of over 17-million dollars; development and implementation of the treatment team process; inter-agency coordination and planning; staff training; member, Project Oversight Committee, Cardinal Management Team, Clinical Management Team (Chair), Executive Committee, Outpatient Contracts Committee, and Research Committee.

1985 - 1989 Director, Children and Youth Program
 Cumberland County Mental Health Center, Fayetteville, North Carolina

Administration and clinical supervision of the Children and Youth Program. This program provides a continuum of mental health and substance abuse services to children and adolescents residing within Cumberland County. The program provides services to 650 children, adolescents, and their families at any given point in time, including severely emotionally disturbed and violent or assaultive children and adolescents who are Willie M. class members. Responsibilities: providing clinical and administrative supervision to approximately 65 mental health staff; fiscal responsibility for budget of over two million dollars; program planning, development, and evaluation; intra- and inter-agency coordination and planning; staff training; grant development; collaboration in the design and development of the Fort Bragg Demonstration Project.

1982 - 1985 Clinical Assistant Professor, Department of Psychology
 University of Vermont, Burlington, Vermont

Appointment involved joint academic and clinical responsibilities as a faculty member at the University of Vermont. Academic responsibilities included teaching and clinical supervision of graduate student interns enrolled in the APA approved Clinical Psychology Program and teaching undergraduate level psychology courses. Clinical responsibilities in the position were:

Director, Family Support Program (1984-1985). Development, administration, and evaluation of a state wide in-home intervention program for approximately 200 families with abused or neglected preschool children. Responsibilities: training, supervising, and providing consultation to 13 professional intervention staff; supervising two graduate student research assistants; coordinating with over 20 public and private human service agencies throughout Vermont and the Vermont Department of Social and Rehabilitation Services; developing and coordinating all aspects of program evaluation.

Consulting Psychologist, Vermont Department of Mental Health (1982-1984). Consultation and technical assistance to local and state level staff in the Vermont Departments of Mental Health, Education, and Social and Rehabilitation Services. Responsibilities: development of a service system model of intervention for seriously emotionally disturbed adolescents; development and coordination of a manpower training grant for the delivery of interdisciplinary services to at-risk, abused and neglected preschoolers; development of grant proposals, including the funded Vermont Department of Mental Health proposal for a Child and Adolescent Service System Program.

Consulting Psychologist, Brandon Training School (1982-1984). Provision of psychological services to residents of the Brandon Training School, a state facility for the developmentally disabled.

Responsibilities: systems management and administration; psychological evaluations; crisis intervention; consultation to interdisciplinary treatment teams; staff training; clinical supervision of psychology interns.

1979 - 1982 Director, OnTop Program and Project Forward
 Burlington School System, Burlington, Vermont

Design, development, and administration of two regional day treatment educational programs serving 30 seriously emotionally disturbed male and female adjudicated adolescents. Responsibilities: clinical and administrative supervision of professional staff; coordinating with local and state agencies; clinical supervision of psychology interns; supervising the development and implementation of students' individualized educational, vocational, and treatment plans; developing and administering three grants involving the training of job skills and job placement of students. The first year as director included 2,000 hours of supervised clinical experience as part of the APA approved Clinical Psychology Program of the University of Vermont.

University Appointments:

1990 - 1995 Clinical Assistant Professor, Department of Psychiatry, School of Medicine
 University of North Carolina at Chapel Hill, Chapel Hill, North Carolina

1982 - 1985 Clinical Assistant Professor, Department of Psychology
 University of Vermont, Burlington, Vermont

Clinical Experience:

1978 - 1979 Clinical Psychology Intern, Residential Learning Center
 Burlington, Vermont

1,000 hours of supervised clinical experience in providing consultation and direct psychological services in a community-based group home for male delinquent youth. Responsibilities: individual, family, and group therapy; staff training and consultation; teacher consultation; program planning and development.

1977 - 1978 Vermont Foster Parent Training Program, University of Vermont
 Burlington, Vermont

Collaboration in the development, implementation, and evaluation of a state wide skills-based training program for foster parents who subsequently trained other foster parents of behaviorally disordered adolescents. The foster parent training program consisted of communication, behavior management, and conflict resolution skills training.

1976 - 1977 Institute for Juvenile Research, Behavioral Therapy Program
 Chicago, Illinois

1,000 hours of supervised clinical experience in conducting individual, family, and group therapy with children and families registered with the Neuropsychiatric Institute of the University of Illinois and the Institute for Juvenile Research.

1975 - 1976 Lutheran Welfare Services of Illinois, Chicago, Illinois

1,000 hours of supervised clinical experience in providing assessment and therapy services to individuals and families registered with Lutheran Welfare Services of Illinois.

Professional Affiliations:

American Psychological Association

Member, Division 12, Society of Clinical Psychology

Member, Division 53, Society of Clinical Child and Adolescent Psychology

Board of Directors, Child and Adolescent Psychology Training and Research, Inc.
PO Box 775, Burlington, Vermont

Advisory Committee, Governor's Council on Alcohol and Drug Abuse Among Children and Youth, North Carolina Dept. of Human Resources, Raleigh, North Carolina (1986 - 1989)

Board of Directors, Residential Learning Center (1980 - 1985)

Teaching Experience:

University of Vermont, Department of Psychology
Juvenile and Young Adult Behavior Problems
Behavior Modification
Adolescence

Publications and Reports:

Lane, T.W. (1996). Comment on the final report of the Fort Bragg Evaluation Project. Journal of Mental Health Administration, 23, 125-127.

Behar, L., Bickman, L., Lane, T.W., Keeton, W.P., & Schwartz, M. (1996). Fort Bragg Child & Adolescent Mental Health Demonstration Project. In M.C. Roberts (Ed.), Model programs in service delivery for child and family mental health. Lawrence Erlbaum Associates.

Lane, T.W. (1996). Comment on the final report of the Fort Bragg Evaluation Project. Journal of Mental Health Administration, 23, 125-127.

Heflinger, C.A., Bickman, L., Lane, T.W., Keeton, W.P., Hodges, K., & Behar, L. (1991). The Fort Bragg Child and Adolescent Demonstration: Implementing and evaluating a continuum of care. In A. Algarin and R.M. Friedman (Eds.), 4th Annual Research Conference Proceedings: A System of Care for Children's Mental Health: Expanding the Research Base (pp. 83-96). Tampa: Florida Mental Health Institute.

Lane, T.W., & Murakami, J. (1987). School programs for delinquency prevention and intervention. In E.K. Morris & C.J. Braukmann (Eds.), Behavioral approaches to crime and delinquency: A handbook of application, research, and concepts (pp. 305-327). New York: Plenum Press.

Lane, T.W., & Davis, G.E. (1987). Child maltreatment and juvenile delinquency: Does a relationship exist? In J.D. Burchard & S.N. Burchard (Eds.), Prevention of delinquent behavior (pp. 122-138). Beverly Hills: Sage.

- Lane, T.W. (1983). An evaluation of the relative efficacy of group versus individual contingencies in reducing peer conflict among predelinquent and delinquent adolescents (Doctoral dissertation, University of Vermont, 1982). Dissertation Abstracts International, 43, 11B.
- Lane, T.W., & Burchard, J.D. (1983). Failure to modify delinquent behavior: A constructive analysis. In E.B. Foa & P.M.G. Emmelkamp (Eds.), Failures in behavior therapy (pp. 355-377). New York: John Wiley & Sons.
- Burchard, J.D., & Lane, T.W. (1982). Crime and delinquency. In A.S. Bellack, M. Hersen, & A.E. Kazdin (Eds.), International handbook of behavior modification and therapy (pp. 613-652). New York: Plenum Press.
- Lane, T.W., Lane, M.Z., Friedman, B., Goetz, E.M., & Pinkston, E.M. (1982). A creativity enhancement program for preschool children in an inner-city child-parent center. In E.M. Pinkston, J.L. Levitt, G.R. Green, N.L. Linsk, & T.L. Rzepnicki, Effective social work practice: Advanced techniques for behavioral intervention with individuals, families, and institutional staff (pp. 435-451). San Francisco: Jossey-Bass.
- Burchard, J.D., Leitenberg, H., Lane, T.W., Whaley, C.N., Pachter, W., & Maughn, D. (1978). Vermont Foster Parent Training Program: Trainers' manual. Unpublished manuscript, University of Vermont, Department of Psychology, Burlington.

Presentations:

- Lane, T.W. (1996, June). Utilization management during the transition year. In S. Pires (Chair), Practice lessons learned from the Fort Bragg Children's Mental Health Demonstration. Workshop conducted at the CASSP Training Institutes: Developing Local Systems of Care in a Managed Care Environment, Traverse City, MI.
- Lane, T.W. (1995, March). Panel discussant. In L. Bickman (Chair), Managed care in mental health: Implications of the Fort Bragg experiment. Symposium conducted at the 8th Annual Research Conference, "A System of Care for Children's Mental Health: Expanding the Research Base," Tampa.
- Lane, T.W., Keeton, W.P., Stein, L.P. (1995, January). The Fort Bragg Demonstration Project: Its design, implementation, results and implications. Presentation at the UNC-CH Department of Psychiatry/Dorothea Dix Hospital Grand Rounds.
- Lane, T.W. (1994, August). The project's clinical services. In L. Behar (Chair), The Fort Bragg Child and Adolescent Mental Health and Substance Abuse Demonstration Project. Invited symposium conducted at the Annual Convention of the American Psychological Association, Los Angeles.
- Lane, T.W., Keeton, W.P., Rich, D., & Behar, L. (1994, June). Communities with small cities: Fort Bragg, NC. Training institute conducted at the CASSP Training Institutes: Developing Local Systems of Care for Children and Adolescents with Severe Emotional Disturbances, Traverse City, MI.
- Behar, L., Bickman, L.B., & Lane, T.W. (1993, August). Fort Bragg Child and Adolescent Mental Health Demonstration Project. In M.C. Roberts (Chair), Model programs in service delivery in clinical child psychology. Symposium conducted at the Annual Convention of the American Psychological Association, Toronto.

Lane, T.W., & Keeton, W.P. (1993, January). Managed care in a comprehensive mental health & substance abuse system. Session conducted at the conference, "Leading The Way For Change: Improving Mental Health and Substance Abuse Services for Children," Raleigh.

Lane, T.W. (1992, October). Implementation issues: Developing a private provider network, personnel development, management information systems, and service utilization. In L. Behar (Chair), A model managed care/continuum of care: Fort Bragg Demonstration. Symposium conducted at the 39th Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Washington, DC.

Lane, T.W. (1992, October). Quality improvement/utilization management within the continuum of care. In T.W. Lane (Chair), The Fort Bragg Demonstration Project: An integrated continuum of care for children and adolescents with emotional, behavioral, or substance abuse disorders. Symposium conducted at the 2nd Annual Conference of The Commonwealth Institute for Child and Family Studies: Multiple Perspectives on Children and Adolescents with Emotional or Behavioral Disorders, Virginia Beach.

Lane, T.W. (1992, August). The Rumbaugh Clinic: Substance abuse services philosophy and treatment. In D.K. Rich (Chair), Substance abuse services within an integrated system of care for adolescents of military families. Workshop conducted at the 1992 Annual Meeting and Training Conference of the American Association for Partial Hospitalization, Washington, DC.

Lane, T.W., Keeton, W.P., & Behar, L. (1992, July). Institute #6: Fort Bragg, NC (Military). Training institute conducted at the CASSP Training Institutes: Developing Local Systems of Care for Children and Adolescents with Severe Emotional Disturbances, Breckenridge, CO.

Lane, T.W., & Keeton, W.P. (1991, October). The continuum of care. In L. Behar (Chair), Fort Bragg Project: Panel presentations. Session conducted at the State Mental Health Representatives for Children and Youth (SMHRCY)/Child and Adolescent Service System Program (CASSP) Fall 1991 Meeting, Raleigh.

Lane, T.W., & Keeton, W.P. (1991, October). Clinical issues related to assessment, planning, and treatment review. Paper presented at the SMHRCY/CASSP Fall 1991 Meeting, Raleigh.

Lane, T.W., & Keeton, W.P. (1991, February). Implementation of the continuum of care. In L. Behar (Chair), The Fort Bragg Child and Adolescent Demonstration Project: Implementing and evaluating a continuum of care system. Session conducted at the 4th Annual Research Conference, "A System of Care for Children's Mental Health: Expanding the Research Base," Tampa.

Lane, T.W., & Keeton, W.P. (1990, November). The Fort Bragg Demonstration Project: Background and overview. Presentation at the 1990 Behavioral Science Grand Rounds, Cumberland Hospital, Fayetteville, NC.

Lane, T.W., Keeton, W.P., & Campbell, T.W. (1990, March). Mental health service system for military families. Paper presented at the North Carolina Chapter of National Association of Social Workers Conference, "Families in the 90's: Preparing for the 21st century," Raleigh.

Lane, T.W. (1988, August). School-based intervention programs: A social system perspective. In D. Glenwick (Chair), Future directions in behavioral approaches to delinquency. Symposium conducted at the Annual Convention of the American Psychological Association, Atlanta. (ERIC Document Reproduction Service No. ED 304 613)

Lane, T.W., Reilly, T.P., Burchard, J.D., & Zunder, P. (1985). Early family intervention for abuse and neglect. Paper presented at the Child Welfare League of America Northeast Regional Conference, Portland, ME.

Pinkston, E.M., & Lane, T.W. (1984). Relevance of behavioral creativity research to center city Black preschoolers. In Current issues in the study of creativity as operant behavior. Symposium conducted at the Annual Convention of the American Psychological Association, Toronto.

Lane, T.W., & Davis, G.E. (1983). The relationship between child maltreatment and subsequent juvenile delinquency: Implications for the prevention of adolescent delinquent behavior. Paper presented at the Vermont Conference on the Primary Prevention of Psychopathology, Bolton Valley, VT.

Lane, T.W., Moore, T., & Pierce, J. (1983). Treatment services for emotionally disturbed adolescents: A proposal. Paper presented at the Vermont Inservice Network Conference, "Policy and practice: Connecting for interagency excellence," Montpelier, VT.

Burchard, J.D., & Lane, T.W. (1980). Effects of TV aggression on subsequent aggression in a naturalistic setting. Paper presented at the Annual Convention of the Eastern Psychological Association, Hartford, CT.

Funded Grant Proposals and Contracts:

"Cumberland County Mental Health Services for Homeless Children," approximately \$50,000 per year, North Carolina DHR, Division MH/DD/SAS, 1988-90.

"Therapeutic Foster Home Services," approximately \$25,000 per year, North Carolina DHR, Division MH/DD/SAS, 1988-90.

"Family Preservation Services," approximately \$75,000 per year, North Carolina DHR, Division MH/DD/SAS, 1987-90.

"Adolescent Sex Offender Treatment Program," approximately \$40,000 per year, North Carolina DHR, Division MH/DD/SAS, 1987-90.

"Detention Prevention Program," approximately \$50,000 per year, Juvenile Justice Delinquency Prevention, 1987-90.

"In-Home Therapy Program," approximately \$35,000 per year, Community Based Alternatives 1986-90.

"Functional Family Therapy Program," approximately \$15,000 per year, Training and Consultation Contract with James F. Alexander, Ph.D., and Cole Barton, Ph.D., 1986-89.

"Juvenile Court Psychologist Program," approximately \$42,000 per year, Community Based Alternatives, 1986-90.

"Adolescent Substance Abuse Treatment Program," approximately \$75,000, North Carolina DHR, Division MH/DD/SAS, 1986-87.

"Family Support Services for Abused and Neglected Preschoolers," approximately \$300,000, Vermont Department of Social and Rehabilitation Services, 1984-85.

"Manpower Development for Interdisciplinary Service Delivery," approximately \$20,000, Vermont Department of Education, 1983-84.

"Vocational Rehabilitation Services in the School," approximately \$20,000 per year, Vermont Department of Social and Rehabilitation Services, 1980-83.

"Job Skills Training and Placement for Youth," approximately \$15,000 per year, Vermont Department of Education, 1980-83.

References:

Available on request.